

School Council Policy

DISTRICT: Madison County

SCHOOL: Shannon Johnson Elementary

COUNCIL POLICY TYPE

POLICY NUMBER 9.3 Students

By-Laws (Council Operational Policies)

Function (School Operational Policies)

POLICY TOPIC DESCRIPTION
Student Welfare and Wellness

POLICY STATEMENT

All students at Shannon Johnson Elementary shall participate in moderate to vigorous physical activity each day, be assessed for level of physical activity annually, receive instruction in the appropriate Core Content for Practical Living, and be provided healthy food choices. The principal shall insure implementation of the policy.

Physical Activity Plan

- Each student shall engage in at least 15 minutes of planned moderate to vigorous physical activity each day.
 - On days that students do not have Physical Education class, the classroom teacher will plan and encourage all students to participate in 15 minutes of moderate to vigorous physical activity. If supervised and substantially tied to core content in lesson plans, this planned physical activity may be considered part of the instructional day.
 - Examples of acceptable activities include: walking the track, team sports, stretching and exercise, wall climbing, active games, etc. Free play at recess, preferably outdoors, will meet the requirement of 15 minutes of physical activity, but is not considered instructional time.
 - Appropriate accommodations shall be made for students with special needs, as required by law and sound professional judgment.
- Each student shall participate in physical education class weekly.
- Students shall not be deprived of daily physical activity as a consequence for behavior or academic performance per Madison County Board of Education Policy.
- Teachers will make all reasonable efforts to avoid periods of more than forty minutes when students are physically inactive. When possible, physical activity and movement should be integrated into learning activities.

Assessment Tool

Shannon Johnson Elementary shall assess students' level of physical activity at least once a year.

- The principal will recommend an assessment tool to the council for adoption. The assessment will be implemented by the physical education teacher in collaboration with

classroom teachers, families, special education teachers, and/or the school nurse with a report to go home with each student.

- The principal, with input from the Physical Education teacher will develop a schedule for completing the assessment during the school year.

Healthy Choice Plan

Our school shall encourage healthy choices among students using the following methods:

- Our school shall implement the nutritional standards required by federal and state laws and regulations. Those rules apply to our food program and to other food and beverages available during the school day.
- Implement a Practical Living curriculum to address the full Core Content for Assessment, including health, consumerism, and physical education.
- Integrate all content areas by making connections to health and wellness along with incorporating movement-based activities when possible.

Policy Implementation

The provisions of this policy shall be implemented to comply with provisions required by federal law, state law, or local board policy. If any specific requirement above does not fit with those rules, the principal shall notify the council so that the policy can be amended to fit.

The principal shall share this policy with the Kentucky Department of Education when KDE asks for this information.

POLICY EVALUATION

We will evaluate the effectiveness of this policy through our School Improvement Planning Process.

First Reading Date December 15, 2014

Second Reading Date January 20, 2015

Date Adopted January 20, 2015

Signature Che Haselwood
Council Chair