

Madison County School District
School Health Clinic

Lice Information Sheet #49

_____ Your child _____ was found to have LIVE CRAWLING LICE. After treating with lice cream rinse or shampoo, your child will need to be checked by designated school personnel or the nurse to confirm that your child is free of LIVE CRAWLING LICE before they return to school. Please continue to remove nits and continue to check your child for any sign of LIVE CRAWLING LICE.

_____ Your child _____ was found to have nits (lice eggs) only. It is recommended that you treat your child with lice cream rinse or shampoo, if you have not already done so. Please continue to remove nits and continue to check your child for any sign of LIVE CRAWLING LICE.

If you look closely at the scalp, you will see small, whitish eggs (nits) firmly cemented to the hair shaft—especially at the nape of the neck, and behind the ears. Although these eggs look like dandruff, dandruff can be easily removed and the eggs can not.

There are several safe, non-prescription products available at the local drug store to treat lice. The product we recommend is **NIX Cream Rinse**.

When using NIX Cream Rinse, be sure to wash hair with shampoo that DOES NOT contain CONDITIONER before putting on the rinse. The conditioner prevents the cream rinse from killing the lice eggs..... Leave on for 10 minutes. Be sure to repeat the NIX treatment in 8-10 days, as recommended on the box.

Clothing should be washed in hot water (including underwear and pajamas) and bedding (sheets, blankets, pillowcases) also. Washing these articles in hot water (130F), dry cleaning or using the dryer to dry will kill the lice and their eggs. Wash all combs and brushes in hot water also to prevent re-infection.

Your child will have an excused absence for the day sent home. Treat your child's hair for head lice the same day that your child is sent home. Have child return the next day after treatment is applied for return head check by school nurse or designated school personnel.

You may contact the school nurse or your health care provider if you have any questions.

Madison County School Nurse

MCS D 49 (1-2017)

<http://pediatrics.aappublications.org/content/early/2015/04/21/peds.2015-0746>

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School Health Clinic
Lice Removal Instructions Check List

- _____ Your child has been found to have head lice.
- _____ Obtain a cream rinse or shampoo recommended to treat head lice and their eggs.
*****Do not use on children under two*****
- _____ Follow the directions **EXACTLY** for treatment. **This may mean applying to towel dried hair.**
- _____ **Do not** use shampoo with conditioner before using the cream rinse.
- _____ Comb the hair with a fine toothcomb to remove tangles.
- _____ **Use your thumb and forefinger** to pinch egg and remove. Discard nits in closed trash receptacle and remove from the home immediately.
- _____ Each family member should have their head checked to decide if there is a need for treatment.
- _____ Each family member that sleeps with the infested child should be treated.
- _____ Check and remove nits (lice eggs) from your child's head.
- _____ Disinfect all combs and brushes by soaking in lice shampoo.
- _____ Sterilize all head gear, including hair bows and clips, clothing and bedclothes that may be infected, by washing and then drying in automatic dryer.
- _____ Remove all non-washable clothing and stuffed toys by sealing in a plastic bag for 10-14 days.
- _____ Repeat treatment as directed on bottle (8-10 days).
- _____ Any complications such as pus-forming infections of the skin should be treated by your child's health care provider.

Picking the nits should only be done in the privacy of your own home.

Children can only sit still for short periods of time. Take frequent breaks from picking.

Lice hair treatment and spray are pesticides. Use as directed on the package only.

You may call your school nurse if you have any questions.

Madison County School Nurse

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